



Montréal Communiqué

September 24, 1969

REMINDER: Don't forget to circle Monday, October 6th. The annual meeting of the Metropolitan YMCA of Montreal will be held on that date starting at 6:15 p.m., in Budge Hall, Downtown Branch.

The evening will start with a buffet supper. Keynote speaker will be Mr. John Carson, Chairman of the Public Service Commission of Canada and President of the Canadian YMCAs.

TWO WOMEN NOMINATED TO METRO BOARD: Mrs. Muriel Armstrong and Madame Jeanne Sauvé have been proposed for seats on the Metropolitan Board of Directors. Mrs. Armstrong, mother of three, is a professor of Economics at Sir George Williams University. Madame Sauvé, a freelance broadcaster and expert in public affairs, has one son.

Other new nominees to the board are:

C. A. Duff, Vice-President and Managing Director, Henry Birks & Sons Ltd.,

L.Y. Fortier, partner in the legal firm of Ogilvy, Cope, Porteous, Hansard, Marler, Montgomery and Renault;

Dr. John O'Brien, Principal and Vice-Chancellor, Sir George Williams University;

Yves Pratte, Q.C., Chairman and Chief Executive Officer, Air Canada;

E. Paul Zimmerman, President, Reader's Digest Association (Canada) Ltd.

TEENAGERS AND MOTHERS TEE OFF ON DRUGS: YMCA Outreach Staffer, Al Whittal, is working closely with a newly-formed group of mothers and teenagers on a drive to check drug-taking in Lachine and Dorval. The action group, chaired by Mrs. Sheila Phipps of Dorval, includes a number of young people currently on drugs.

The committee proposes to place a full-time YMCA detached worker in the field and form a youth clinic to which he could refer those in need of specialized assistance.

The clinic would be staffed by volunteers such as psychiatrists, psychologists, physicians, lawyers and social workers. Support for the project is being sought from the municipalities of Lachine and Dorval, and from service clubs in the area.

DOUGLAS HOSPITAL PATIENTS EARN SWIMMING AWARDS: During the summer, 40 YMCA swimming certificates were awarded to youngsters involved in a psycho-educational program at the Douglas Hospital. The instructors were YMCA-trained members of the hospital staff. A number of children, age 8-14, have also been integrated into regular fun clubs, crafts and sports programs of Verdun-LaSalle YMCA.

NON-STOP MARATHON: Jean Forest, 57 and a member of Downtown Branch, jogged one mile for each birthday to win top honors in a non-stop run, held by the Montreal YMCA during the 24 hours ended at 12:30 p.m., September 6th.

Among those on hand for the start of the run were Treasury Board President C.M. Drury and L. E. Lefaive, head of the Department of National Health and Welfare's Fitness & Amateur Sports Directorate.

Some 120 runners, aged 5-81, logged a total of 1,027 miles during the round-the-clock test of fitness. John Zlatuschka of Westmount Y's service staff chalked up 52 miles to finish in second place.

CARPETS IN THE LOCKER ROOMS: Only a few final touches are needed to complete major programs of modernization and expansion of the physical education facilities at Downtown, NDG and Westmount YMCAs. Work includes major face-lifts to changing room facilities, sauna baths and sun room installations, and the addition of exercises rooms with the latest equipment.

On Tuesday, September 23rd, fullback Dennis Duncan of the Alouettes helped mark the completion of NDG-YMCA's revamping program by demonstrating some of the physical prowess which helps him shred opposing lines. On the evening of September 23rd, after a full workout with his team, he showed up at an Open House in the branch and performed a 1,770-lb leg lift.

FELLOWSHIP: A total of 11 university undergraduates, seven males and four females, are involved in the Montreal YMCA's 1969-70 Fellowship Training Program. Designed for young people preparing for careers with the Y, its emphasis this year will be, increasingly, on field work with various operating units of the association in Greater Montreal. This will provide participants with more opportunities to test and apply what they learn in classrooms.

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